



Celia Graterol
Founder
Mountain Biking Marin
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Celia Graterol, 2006 Downhill US National Champion, has been organizing mountain bike rides around the San Francisco Bay and Tahoe Area since 2002. Celia's extensive knowledge of the trails and experience leading rides offer you opportunities for fun, safe and gorgeous rides at all levels. For the last 3 years Celia has focused on offering first class individual and group clinics to teach others how to master cross country and downhill riding.

Major Cross Country (XC), Super D (SD) and Downhill (DH) Mountain Bike Races

- Ago 06 NORBA Finals 06, Snowmass, Colorado
1st DH Expert Category, age group 40+, Garmin MotionBased Team
- Jul 06 Downieville Classic 06, Downieville, Northern California
2nd place DH Expert Category, all ages combined, Garmin MotionBased Team
- Jul 06 USA Cycling National Championships, Infineon Raceway, Sonoma, Northern California
1st place DH Sport Category, age group 40+, Garmin MotionBased Team
- Jul 06 USA Cycling National Championships, Infineon Raceway, Sonoma, Northern California
2nd place Super D, Expert Category, age group 40+, Garmin MotionBased Team
- Apr 06 Sea Otter Classic, Laguna Seca Raceway, Monterey, Central California
1st place DH Sport Category, age group 40+, Garmin MotionBased Team
- Mar 06 Central Coast Series CCCX, Salinas, California
6th place XC Expert Category, all ages combined, Garmin MotionBased Team
- Feb 06 Bootleg Canyon, Boulder City, Nevada
3rd place SD All category and all ages combined, Garmin MotionBased Team
- Jan 06 TBF Granite Bay, Folsom Lake State Park, California
1st place XC Expert Category; age group 40-49, Garmin MotionBased Team
- Sep 05 USA Cycling National Championships, Mammoth, Northern California
5th place XC Expert Category, age group 35+, Team Tam
- Jul 05 Downieville Classic 05, Downieville, Northern California
5th place XC Expert Category, age group 35+, Team Tam
- Jul 05 Downieville Classic 05, Downieville, Northern California
2nd place DH Expert Category, all ages combined, Team Tam
- Jul 05 Tamarancho MTB Invitational Race, Fairfax, Northern California
2nd place XC Expert Category, all ages combined, Team Tam
- May 05 24 Hours of Adrenaline, Laguna Seca Raceway, Monterey, Central California
1st place All female 5-member team, Team Tam

- Apr 05 Sea Otter Classic, Laguna Seca Raceway, Monterey, Central California
7th place XC Expert Category, age group 40-49, Team Tam
- Mar 05 TBF Granite Bay, Folsom Lake State Park
1st place XC Expert Category; age group 40-49, Team Tam
- Sep 04 24 Hours of Adrenaline, Hurkey Creek Park, Idyllwild, Southern California
8th place Coed 5-member team, Nor Cal Chain Smokers
- May 04 24 Hours of Adrenaline, Laguna Seca Raceway, Monterey, Central California
2nd place All female 5-member team, The Rocket Sprockets
- Mar 04 TBF Granite Bay, Folsom Lake State Park, California
1st place XC Novice Category; age group 30-39
- Apr 04 Sea Otter Classic, Laguna Seca Raceway, Monterey, Central California
3rd place XC Sport Category; age group 35-39
- Oct 03 Muddy Buddy, San Jose, California
6th place 2-female category
- May 03 24 Hours of Adrenaline, Laguna Seca Raceway, Monterey, Central California
2nd place All female 5-member team, The Rocket Sprockets

Major Road Cycling Organized Rides

- 2004 Cinderella Classic, Dublin (60 miles)
Wine Country Century, Napa (100 miles)
Marin Century, Marin (100 miles)
- 2003 Grizzly Peak Century, Orinda (100 miles)
Marin Century, Marin (100 miles)
Death Ride: Tour of the California Alps (5 passes completed, 130 miles, 16,000 ft)
Napa Century, Napa (100 miles)
- 2002 Marin Century, Marin (100 miles)
Napa Century, Napa (100 miles)
- 2001 California AIDS Ride 2001 (7-day ride from San Francisco to Los Angeles)
Marin Century, Marin (100 miles)

Indoor Cycling Instruction Positions

- 2004-present Substitute Instructor at the following gyms:
- Meridian Sports Club, Novato, California
 - Petaluma Valley Athletic Club, Petaluma, California
 - Body Kinetics / Mill Valley Health & Spa, Mill Valley, California
 - Mill Valley Community Center, Mill Valley, California
 - Rocco Studios, Mill Valley, California

Bicycling Club and Organization Affiliations

- Marin County Bicycle Coalition
- Bicycle Trails Council of Marin
- International Mountain Bicycling Association (IMBA)
- Marin Cyclists Road Club
- Access 4 Bikes
- Sonoma County Trails Council

Certifications

- Schwinn Cycling Instructor Certificate, March 2004
- Adult and Pediatric CPR, American Heart Association, November 2004